



REFLECTION

By B. Alan Wallace, from *The Buddha Is Still Teaching*, p. 66

September 30, 2020

Imagine walking along a sidewalk with your arms full of groceries, and someone roughly bumps into you so that you fall and your groceries are strewn over the ground. As you rise up from the puddle of broken eggs and tomato juice, you are ready to shout out, “You idiot! What’s wrong with you? Are you blind?” But just before you can catch your breath to speak, you see that the person who bumped into you is actually blind. He, too, is sprawled in the spilled groceries, and your anger vanishes in an instant, to be replaced by sympathetic concern: “Are you hurt? Can I help you up?”

Our situation is like that. When we clearly realize that the source of disharmony and misery in the world is ignorance, we can open the door of wisdom and compassion.



CLOSING PRAYER

September 30, 2020

Loving God, let your light surround us. Let your love enfold us. Your power protects us, your presence watches over us. Wherever we are, you are, O God.

—adapted from James Dillet Freeman
Prayers for Healing, p. 71

BLESSING

Refuse to fall down. If you cannot refuse to fall down, refuse to stay down. If you cannot refuse to stay down, lift your heart toward heaven, and like a hungry beggar, ask that it be filled, and it will be filled. You may be kept from rising, but no one can keep you from lifting your heart toward heaven – only you. It is in the middle of misery that so much becomes clear. The one who says nothing good came of this, is not yet listening.

—Clarissa Pinkola Estés
Prayers for Healing, p. 72



PRAYER INTERCESSIONS

September 30, 2020

1. God, let there be awareness where ignorance now prevails.
2. Scatter our long-hidden fears with your bright beam of courage.
3. Knit fine cloaks of your love to shelter us and the world.
4. Help us and the leaders of the world to open the door of wisdom and compassion.

—Debbie Aliya
Prayers for Healing, p. 211



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