



REFLECTION by Laurent A. Parks Daloz from *Practicing Peace*, p. 103
March 25, 2020

The reflection is on page 4 in the bulletin, and follows the singing of the Psalm.

Stop for a moment beside a young cedar to listen
and breathe in the life swarming around you.
A soft breeze brushes your cheek;
you can *feel* the silence.
For a thrumming instant you are one with it –
life within and among this life.
At such moments, we don't simply believe,
we *know* that we are woven into the mat of interdependent life.
This is not sacred belief;
it is sacred knowledge.
We know in our bones that we are an intimate part of life,
not simply what surrounds us in the present,
but of all life in all time.
The oxygen we breathe,
the nourishment from the plants beside us,
the elements beneath our feet –
and come to us from the most distant past
and will endure in some form into the unimaginable future.
We are inescapably a part of all space and time.



PRAYER INTERCESSIONS
March 25, 2020

The response is sung before the first bidding and between each that follows. Please read your assigned prayer in numerical order.

1. Help us to practice silence that we may hear your voice.
2. Teach us to look more deeply into ourselves and things around us, that we may see where our attention is needed.
3. Help rulers of our nations to practice quiet contemplation, that they may be shown your wisdom in the stillness.
4. Teach us to “be still” and know that you are God.

SOUL BREAK

ΛϚ ΣϚ. ΜΙϘΗΛ & ΑΛΛ ΑΝΓΕΛΣ

PRAYER INTERCESSIONS

May 8, 2019

The response is sung before the first bidding and between each that follows. Please read your assigned prayer in numerical order.

1. Help us to actively listen during our prayers and in each moment of stillness.
2. Reveal to us, God, who you want us to be.
3. Guide our hearts to look with wonder and respect on this creation and to nurture her as part of ourselves.
4. Guide the leaders of the nations to participate wholly in creating pathways to peace.
5. In the times when we experience our or others' suffering, help us to support one another with compassion and presence.

SOUL BREAK

ΛϚ ΣϚ. ΜΙϘΗΛ & ΑΛΛ ΑΝΓΕΛΣ

PRAYER INTERCESSIONS

May 8, 2019

The response is sung before the first bidding and between each that follows. Please read your assigned prayer in numerical order.

1. Help us to actively listen during our prayers and in each moment of stillness.
2. Reveal to us, God, who you want us to be.
3. Guide our hearts to look with wonder and respect on this creation and to nurture her as part of ourselves.
4. Guide the leaders of the nations to participate wholly in creating pathways to peace.
5. In the times when we experience our or others' suffering, help us to support one another with compassion and presence.